Developmental Skills Motor Development

- 1. Roll over back to front
- 2. Roll over front to back
- 3. Sit up with support of hands
- 4. Sit up without support of hands
- 5. Crawl
- 6. Support whole weight on legs
- 7. Reach out with one hand
- 8. Transfer object from one hand to the other
- 9. Shake rattle toy
- 10. Throw ball or beanie
- 11. Knock two objects together
- 12. Pull self to a standing position
- 13. Stand momentarily without support
- 14. Walk with one hand being held (at child's level)
- 15. Take side steps with support
- 16. Walk 2-3 steps independently

Cognitive/Social Development

- 1. Respond to own name
- 2. Respond to sound with prompting
- 3. Reach for objects
- 4. Seek/find partially hidden object
- 5. While sitting, twist to see parent behind him/her without falling
- 6. Understand simple commands
- 7. Begin to associate gestures to meanings
- 8. Begin to know basic body parts
- 9. Point with first finger at objects
- 10. Imitate sounds/actions
- 11. Anticipate activity
- 12. Make choices and participate in a free-



Wee Pea

